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## 30 Simple Ways To Live Green

### Green Your Home

#### 1. Change Your Cleaning Products.

When choosing cleansers for the home try to avoid products that are not eco friendly. For a list of [environmental safe cleansers](#), [visit here](#).

[Natural Cleaners Earth and family-safe cleaning products store](#)

#### 2. Run Your Dishwasher Only When Full

Using a dishwasher cleans the dishes better and saves energy and time. It's commonly assumed that washing dishes by hand saves hot water. However, washing dishes by hand several time a day can be more expensive than operating an energy-efficient dishwasher. You can consume less energy with an [energy-efficient dishwasher](#) when properly used and when only operating it with full loads.

#### 3. When Washing Clothes

Washing clothes in cold water saves energy and colors. Unlike dishwashers, [clothes washers](#) don't require a minimum temperature for optimum cleaning. Therefore, you can use either cold or warm water for most laundry loads.

#### 4. Laundry Detergent

Laundry products contain chemicals and fragrances that can cause skin irritation and are not eco-friendly. Instead use chemical free products that are safe for you and the environment. For a green detergent check out [Seventh Generation](#), [Citra Suds](#) and [OxoBrite](#) laundry detergents.

#### 5. Grass Cutting Options

Reel Mowers are best for the environment. Reel lawn mowers require no fuel to operate and they produce no emissions. For [reel mower brands](#), [visit here](#).

**Electric Mowers** are available for small yards. They are air quality friendly, quite and do not produce pollution. For [electric lawn mowers](#), [visit here](#).

#### 6. Look for the ENERGY STAR® label

Did you know that the average home spends about \$1,900 on energy costs every year? Change to appliances that have earned the Energy Star, and you can save \$80 a year in energy costs, while saving the environment. Consider replacing your older model refrigerator, especially if older than 10 years, with an Energy Star refrigerator. For [Energy Star products](#), [visit here](#).

#### 7. Power Down

Use power strips for home electronics and turn off power strips when equipment is not in use. Even when electronic devices are turned off, they use energy. Save over 1,000 lbs of carbon dioxide and \$256 per year. After turning off a computer, power continues to flow to computer peripherals like printers and scanners. The Smart strip power strip stops the energy from being wasted. For more [Smart Strip information](#), [visit here](#).

## 8. Monitor Your Electricity Usage

You can cut your energy costs and find out what appliances are actually worth keeping plugged in. Simply connect these appliances to the Kill A Watt EZ, and it will assess how efficient they really are. For more [Kill A Watt EZ information](#), visit [here](#).

## 9. Replace Your Bulbs

Replace incandescent bulbs with compact fluorescents – they use 75% less energy and last 10 times longer. Compact fluorescent light bulbs (CFLs) are a good choice for home lighting because they use less energy than incandescent bulbs, produce the same light output, and last up to 10 times longer. Each bulb can save \$40 or more in electricity costs over its lifetime. For [compact fluorescent light bulbs \(CFLs\)](#), visit [here](#).

## 10. Stop The Drip

Fix any leaky faucets – one drop per second can add up to 165 gallons of water wasted a month. For [new faucets](#), visit [here](#).

## 11. Water Heater Help

Wrap your water heater with insulation or install an insulating blanket. Insulating your storage water heater tank is fairly simple and inexpensive, and it will pay for itself in about a year. For [water heater blankets](#), visit [here](#).

## 12. Change The Way You Shower

Reduce hot water use by taking shorter showers. For maximum water efficiency, select a shower head with a flow rate of less than 2.5 gpm. There are two basic types of low-flow showerheads: aerating and laminar-flow. Aerating showerheads mix air with water, forming a misty spray. Laminar-flow showerheads form individual streams of water. For [showerhead products](#), visit [here](#).

## 13. Change Your Drinking Water

Use a water filter to purify tap water instead of buying bottled water. Not only is bottled water expensive, but it generates large amounts of container waste. Over 85% of plastic water bottles in the US end up as garbage and take up to 1,000 years to biodegrade. Americans spend nearly \$11 billion each year on bottled water. Save money and the earth by bringing your own water from home in a reusable bottle. For [water filters](#), visit [here](#) or [reusable water bottles](#), visit [here](#).

## 14. Buy Gently Used

Go online to find new or gently used secondhand products such as books, DVD's, clothing, home decor, sporting goods and more. Consider a service like eBay for gently used products or half.com for books, movies and music. For [eBay information](#), click [here](#). For [half.com](#), visit [here](#).

## 15. Go Organic

Use natural and organic products and support the environment. For an [organic products list](#), visit [here](#).

## 16. Drink Organic Coffee & Tea

Coffee and tea that bear organic certification are more eco-friendly because they are grown and processed without toxic chemicals, are cultivated and harvested in ways that protect sensitive ecosystems. For [organic coffee](#), visit [here](#), or find [organic tea](#), [here](#)

## 17. Think Recycled

Recycling is the reprocessing of old materials into new products, with the aims of preventing the waste of potentially useful materials, reducing the consumption of fresh raw materials, reducing energy usage, reducing air (from incineration) and water (from land filling) pollution by reducing the need for "conventional" waste disposal, and lowering greenhouse gas emissions as compared to virgin production. Buy environmentally friendly products recycled products such as paper, printer ink cartridges and more. For [recycled products](#), visit [here](#).

## Green Your Pets

### 18. Adopt from a shelter

Pet breeders have only one goal in mind—to raise large quantities of purebred animals for profit. Why buy when you can adopt one of the 70,000 puppies and kittens born every day in the United States? Love knows no pedigree. Check out [Petfinder.com](http://Petfinder.com) to find your perfect pet match.

### 19. Swap out the pet junk food

Most conventional pet-food brands you find at the supermarket consist of reconstituted animal by-products, otherwise known as low-grade wastes from the beef and poultry industries. Natural and organic pet foods use meats that are raised in sustainable, humane ways without added drugs or hormones, minimally processed, and preserved with natural substances, such as vitamins C and E. Certified-organic pet foods must meet strict USDA standards that spell out how ingredients are produced and processed, which means no pesticides, hormones, antibiotics, artificial preservatives, artificial ingredients or genetically engineered ingredients. For [natural and organic pet food and products](#), visit [here](#).

### 20. Use only natural pet-care and cleaning products

Don't use toxic-chemical-laced on your cats and dogs. Clean your pet with cleaning products that are eco-friendly and gentle on the planet. For [green your pet cleaning products](#), visit [here](#).

### 21. Tag Your Pets

Losing your pet causes extreme emotional distress. Then there's the paper waste from printing out Missing posters, the fuel cost of driving around your neighborhood trying to find them. For [pet tags](#), visit [here](#).

## Green Your Gift Giving

### 22. Alternative to buying

Think of an alternative to buying a product, such as [renting a DVD](#) instead of buying it. Shopping with the environment in mind will conserve resources.

### 23. Make a gift of any service

You will still reduce material consumption by giving a service of any kind. Such as making a gift of [DVD rental service](#), [Netflix](#) or [Blockbuster](#), [GameFly](#) game rentals, [Itunes](#) download service or [Kindle wireless books](#) and [Audible Books](#) download service.

### 24. Give a consumable gift

Your friend will love your consumable gift twice: once while enjoying the [gourmet teas](#), [gourmet coffee](#), [fresh flowers](#), [baked cookies](#), [flavored popcorn](#), fresh or dried fruits and [nuts](#), [gift baskets](#) [Hickory Farms](#) gifts, or other consumable gift; and again when they appreciate that your gift leaves them with no guilty conscience about a gift left unused in the corner of their closet.

### 25. Give tickets

Give friends and family members [tickets](#) to their favorite concerts or sporting events or [StubHub Ticket Gift Certificates](#)

### 26. Think Gift of the Month Clubs

Because it's more fun to receive consumable gifts monthly than just once. For the best Gift of the Month Clubs, visit clubs listed below.

### Best Gift of the Month Clubs

[Wine of the Month Club](#)

[Beer of the Month Club](#)

[Cake of the Month Club](#)  
[Flower of the Month Club](#)  
[Dessert of the Month Club](#)  
[Coffee of the Month Club](#)  
[Chocolate of the Month](#)  
[Dinner and a Movie of the Month Club](#)

## **Green Your Beauty**

### **27. Cosmetics**

The biggest issue regarding the cosmetics we use are the unregulated chemicals that are used to make them. Choose cosmetics that have organic and natural ingredients. For [safe cosmetics and skin care](#), [visit here](#).

### **28. Hair Care**

Shampoo and other hair products can contain potentially harmful chemicals. To find brands that make safe alternatives for these products [organic shampoo](#), [visit here](#).

### **29. To tan or not to tan?**

Chemicals that provide sun protection are also potentially irritating to the skin, and irritated skin is more prone to sun damage. Emerging research also suggests that some of these chemicals are oestrogen mimics that persist in the environment and in the body. For a beautiful, natural-looking, safe tan use [Dr. Copeland's Sunless Tanning Bronzer](#) or [Fake Bake Tanning Kit](#).

### **30. Be kind to the Planet - buy organic products**

Make sure that the organic product has a certified label. You can look for the Eco-Cert label as well as the USDA Organic seal which is used in 80 countries around the world. Using organically produced ingredients ensures that not only are your cosmetics healthy for the environment, but it also means you don't have to worry about your skin absorbing chemicals. For [organic beauty products](#), [visit here](#).

**[Solar Home Products - Shop Online Now: visit here!](#)**

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